

Online Counseling: Implementation & Ethical Guidelines for Psychologists, Social Workers, and Therapists

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What is Online Counseling?



e-therapy



online counseling/online therapy



telemental health



Historical Overview



telepsychiatry

- The first telemedicine system was created in Nebraska in 1959 via 2-way, closed-circuit microwave television



Nebraska Psychiatric Institute

4. Dr. Dean Affleck of the Nebraska Psychiatric Institute and an unidentified technician evaluate telemedicine video conferencing equipment, 1961.



5. Group telepsychiatry in progress using two-way video/audio links, 1961.



Research



What is Encryption?

Patient: John Q. Public
MRN: 1823657
DOB: 5-9-1957

Current Medications:

Simvastatin 20 mg DLY
Metoprolol 25 mg BID
Cozaar 100 mg BID

Unencrypted data ("plaintext")

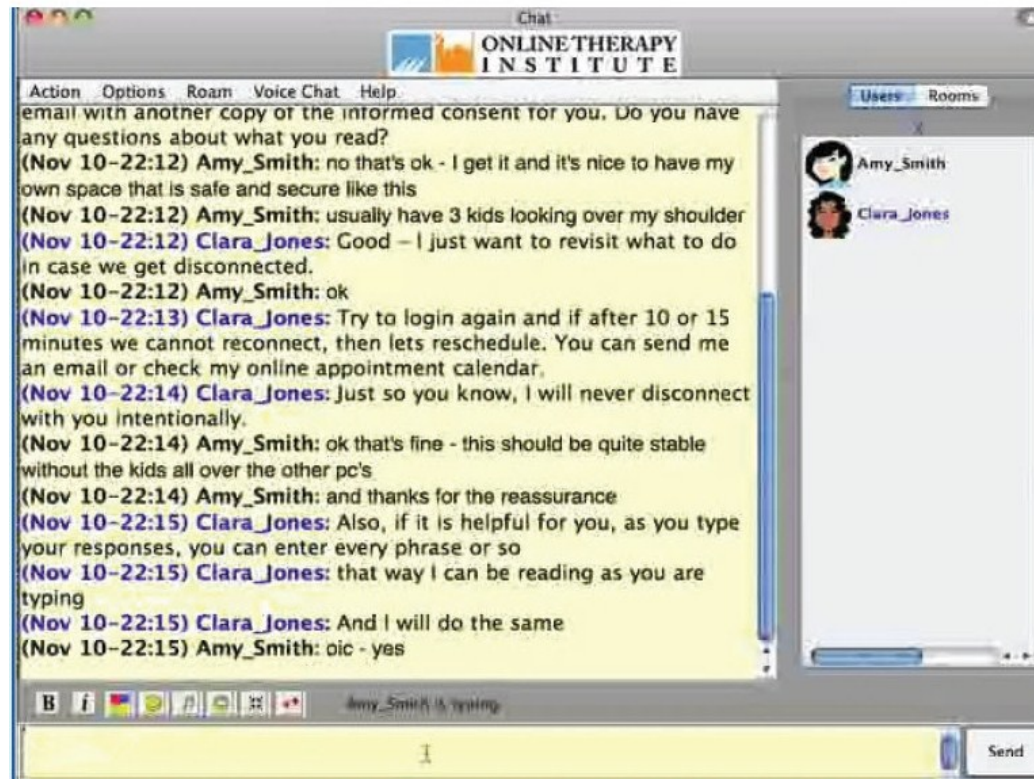
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Encrypted data ("ciphertext")

Email



Chat



Audio



Video



Virtual Reality/Virtual Worlds



Blended Technologies



Online Disinhibition Effect



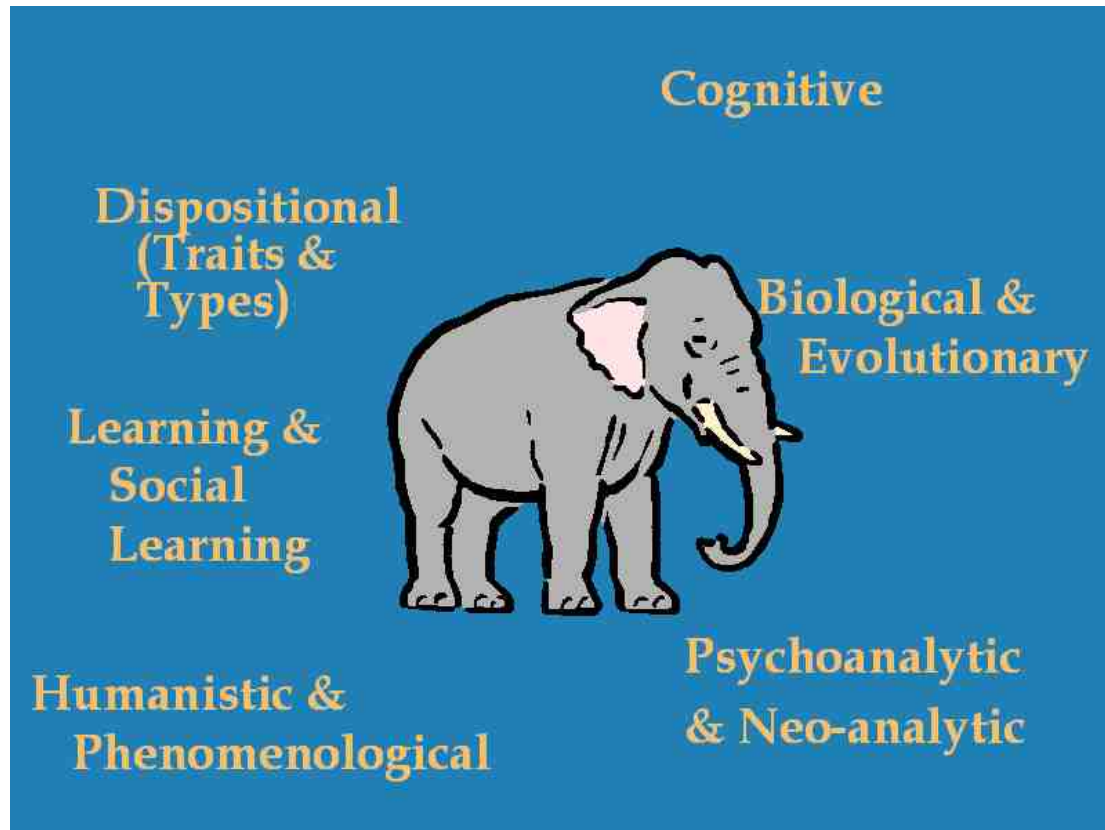
"On the Internet, nobody knows you're a dog."

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Cyberspace as Culture



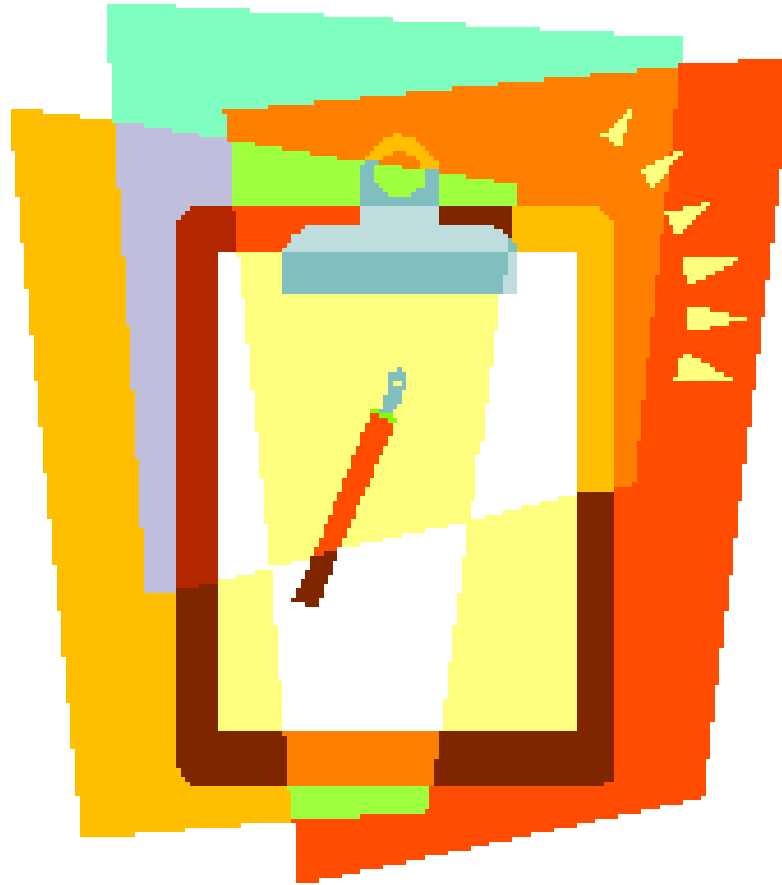
Theoretical Orientation



Appropriate Client Populations



Proper Client Screening



Components of Informed Consent



Review of Ethics Codes



Licensure vs Certification



Jurisdiction



Website



Social Media



Testimonials



Therapeutic Innovations in Light of Technology



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Wrap Up

