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~STEPHEN KING

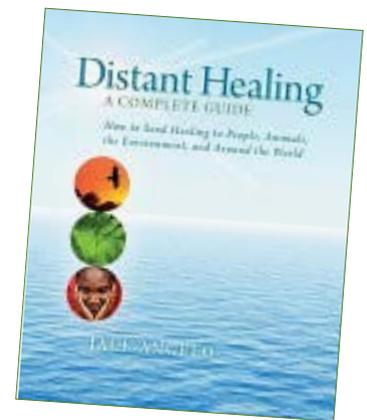
## DISTANT HEALING: A COMPLETE GUIDE PAPERBACK

JACK ANGELO

Most of us have prayed for someone facing a health challenge, only to wonder if it actually helped. What if there were a set of skills you could use to dramatically increase your ability to aid in the healing process?

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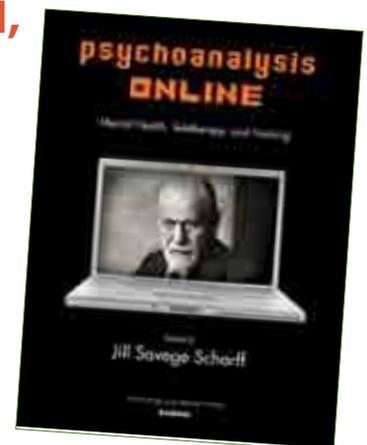
Look out for Kate's book review of *Psychoanalysis Online* in a forthcoming edition of the [British Journal of Guidance and Counselling](#)!

## PSYCHOANALYSIS ONLINE: MENTAL HEALTH, TELETHERAPY, AND TRAINING

JILL SAVEGE SCHARFF (ED.)

*Psychoanalysis Online: Mental Health, Teletherapy and Training*, edited by Jill Savege Scharff, MD, is an international collaboration by psychotherapists and psychoanalysts who consider the impact of virtual reality on our society and the uses of communications technology for analytic treatment and professional training. Having examined the impact of communications technology on mental health and relationships, the authors explore its use in analytical treatment conducted on the telephone and over the internet, and review its problems and possibilities. They provide a multi-faceted view of it, an ethical stance in relation to it, and evidence from which to judge its effectiveness.

Looking into the future they imagine a time when technology-supported analytic treatment may be not only convenient as a supplement to in-person treatment but also preferable for some patients and therapists in various circumstances. *Psychoanalysis Online: Mental Health, Teletherapy and Training* invigorates the debate about technology and its responsible use in psychotherapy and psychoanalysis and in distance learning programs for mental health professionals.



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