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“Research is formalized  
curiosity. It is poking and  
prying with a purpose.”

~ZORA NEALE HURSTON

## INTERNET INTERVENTIONS

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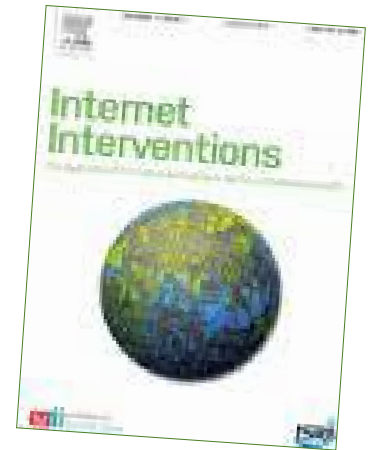
Internet Interventions is the official [Journal of the European Society for Research on Internet Interventions \(ESRII\)](#) and the [International Society for Research on Internet Interventions \(ISRII\)](#).

The internet is increasingly used for delivering interventions aimed at improving mental and physical health. Internet interventions — often self-guided or partly self-guided — have in the past proven effective in treating a number of psychiatric conditions, including among others: depression, panic disorder, social anxiety disorder, insomnia, as well as more general medical conditions, such as headache, back pain, tinnitus and smoking cessation.

Today's increased focus on internet interventions can be explained by its global applicability, and cost efficiency. Technological advances allow for novel intervention components, such as user-friendly visual screening instruments, video-based exposure therapy, interactive role-playing, automated reasoning models, all lowering the help-seeking threshold.

The aim of *Internet Interventions* is to publish scientific, peer-reviewed, high-impact research on Internet interventions and related areas, such as:

- Intervention studies targeting the promotion of mental health and featuring the Internet and/or technologies using the Internet as an underlying technology, e.g. computers, smartphone devices, tablets, sensors.
- Implementation and dissemination of Internet interventions.
- Integration of Internet interventions into existing systems of care.
- Descriptions of development and deployment infrastructures.
- Internet intervention methodology and theory papers
- Internet-based epidemiology
- Descriptions of new Internet-based technologies and experiments with clinical applications
- Economics of internet interventions (cost-effectiveness)
- Health care policy and Internet interventions
- The role of culture in Internet intervention
- Internet psychometrics
- Ethical issues pertaining to Internet interventions and measurements
- Human-computer interaction and usability research with clinical implications
- Systematic reviews and meta-analysis on Internet interventions.



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